

# COLONEL'S FOOD JOURNAL



A food journal written in  
memories, not ink...



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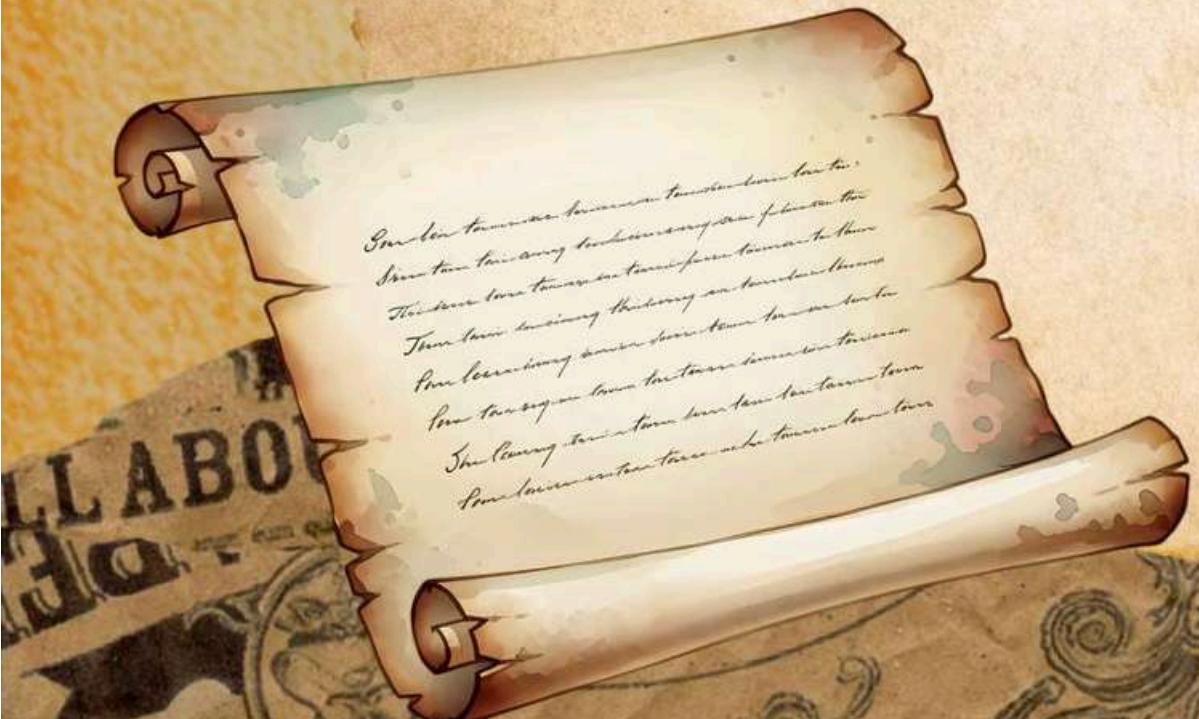
# Welcome To **38 Barracks**

A food journal written in memories, not ink

They say a soldier never really retires he just finds a new mission. For Colonel A.K. Bakshi, that mission was to create a place that feels like home. After 51 years of service and journeys across India, he carried back memories, recipes, and meals shared with fellow soldiers from hot curries in Ladakh to quiet cups of chai on duty nights.

When he retired, he transformed those memories into 38 Barracks — a space designed to resemble his own home, filled with medals, journals, and stories from his years in uniform. Every dish here comes from his food journal, inspired by India's regions and the brotherhood of the forces.

At 38 Barracks, you're not a guest, you're family. Because some places don't just serve food, they serve warmth, stories, and the feeling of home.





# REGIMENTAL MESS



## MESS OPENERS

### GORKHA RIFLES

#### ● Tibetan Mok-Mok ★

Steamed momos in tangy tibetan jhol gravy.  
₹595 / ₹695

### BIHAR REGIMENT

#### ● Litti Chokha Bombs ★

Slow charcoal cooked *litti* stuffed with spiced *sattu* / chicken, served with smoky *chokha*. ₹595 / ₹695

### MARATHA REGIMENT

#### ● Thecha Tikka 🔥

Smoky tikka tossed in spicy Maharashtrian green *thecha*.  
₹695 / ₹725

### GARHWAL RIFLES

#### ● Jhangora Millet Tikki Chaat 🥪

Crispy barnyard millet tikkis topped with chutneys and yogurt. ₹695

### SIKH REGIMENT

#### ● Barrel Truck ★

Barrel shaped cottage cheese filled with dryfruits. ₹695

### SIKH REGIMENT

#### ● Fauji Barrel Tandoori Broccoli 🥪

Charred broccoli in smoky tandoori spices. ₹695

### DOGRA REGIMENT

#### ● Anardana Paneer Tikka

Chargrilled paneer with tangy anardana marinade. ₹695

### ASSAM REGIMENT

#### ● Bhoot Jolokia Chicken Tikka 🔥

Fiery chicken tikka marinated with Bhoot Jolokia. ₹725

### PUNJAB REGIMENT

#### ● Sniper Seekh Kebab ★

16 inch Juicy minced mutton skewers, spiced and grilled smoky. ₹795

### MADRAS REGIMENT

#### ● Guntur Chilli Chicken 🔥

Fiery chicken tossed with Guntur chillies and spices. ₹725

### JAT REGIMENT

#### ● Naan-e-Seekh

Succulent chicken seekh kebab wrap with naan, French Fries and chutney. ₹795

### JAT REGIMENT

#### ● Battalion Samosa Booster ★

Crispy chicken samosas served on a bed of spicy mutton keema bhaji. ₹695

## MESS MAINS

### ASSAM REGIMENT

#### ● Bamboo Biryani ★

Aromatic veg or mutton biryani slow-cooked in bamboo for smoky flavour ₹695 / ₹845

### RAJPUT REGIMENT

#### ● Jungli Paneer Sukka

Paneer tossed with dry-roasted spices, onions and chillies. ₹725

### UN – PEACE KEEPING MISSION

#### ● Pasta in Pizza Bowl ★

Creamy pasta in a baked pizza bowl. ₹795 / ₹895

### BIHAR REGIMENT

#### ● Champaran Mutton 🔥

Dum-style mutton slow-cooked in an earthen pot with spices and mustard oil. ₹895

### RAJPUT REGIMENT

#### ● Longewala Laal Maas 🔥

Tender mutton in fiery Mathania chilli gravy. ₹895

### ANGLO INDIAN

#### ● Railway Mutton Curry 🥪

Classic Indian railways style mutton curry. ₹895

### ANGLO INDIAN

#### ● Dhungar Chicken Korma ★

Creamy chicken korma with smoky dhungar, served with one khamiri roti. ₹795



MOST ORDERED



HIGH HEAT / SPICY



REGIMENTAL CLASSIC





# CIVILIAN COMFORTS



## SOUPS & SALADS

- **Tomato holy basil** ₹395
- **Broccoli & almond** ₹435
- **Hot & sour** ₹395 / ₹435
- **Manchow** ₹395 / ₹435
- **Garden fresh salad** ₹425

## COMFORT BITES

- **Palak Patta chaat** ₹595
- **Pao Bhaji Fondue** ₹695
- **Classic French Fries** ₹475
- **Masala French Fries** ₹495
- **Peri Peri Cheesy Fries** ₹555
- **Cheesy Fries** ₹555
- **Fries Platter** ₹765   
(French Fries, Masala Fries, Potato Wedges, Onion Rings, v Crispers)
- **Cheesy Garlic Bread** ₹395
- **Falafal Hummus & Pita** ₹475
- **Mexican Tacos** (Veg / Chicken) ₹575 / ₹595
- **Mexican Nachos & Dip** ₹455
- **Super Baked Nachos** (Veg / Chicken) ₹595 / 675  
(Topped with cheese & refind beans served with salsa dip & jalapenos)
- **Masala papad / Peanut** ₹395
- **38 Chakh na Attack** ₹495   
(Masala Peanut, Makhane, Crispy Maggi, Masala Fries, Jaipuri Bhindi & Papad)
- **Gun Powder Mirchi Vada** ₹595

## SHARING PLATTERS

(SERVES 2 - 3)

- **Lebanese Mezze Platter veg**  
(3 pcs sumac style paneer, 3 pcs falafal, 1 pcs pita bread, 3 pcs spinach pie, 3 pcs garlic bread, 3 pcs stuffed tart, 6 pcs lavash with dips) ₹1395
- **Bento Box Platter veg**   
(4pcs Sushi, 4 pcs Dimsum, Chilli Garlic Noodles, Veg Manchurian) ₹1395
- **Indo-Chine Treaty veg**  
(3 pcs veg seekh kebab, 3 pcs dahi ke kebab, 4 pcs chilli paneer, 8 pcs chatpati mushroom, honey chilli potato) ₹1495
- **Tandoori Kebab Platter veg**   
(3 pcs hara bhara kebab, 3 pcs dahi ke kebab, 3 pcs veg seekh kebab, 3 pcs masala soya chaap, 3 pcs paneer tikka, 6 pcs tandoori mushroom.) ₹1495
- **Lebanese Mezze Platter Non veg**  
(3 pcs zatar chicken, 3 pcs samak fish, 3 pcs mutton seekh, 3 pcs garlic bread, 1 pcs pita bread, 6 pcs lavash with dips) ₹1595
- **Indo-Chine Pact Non veg**  
(3 pcs chicken wings, 6 pcs chilli chicken, 3 pcs chicken tikka, 3 pcs mutton seekh.) ₹1695
- **Tandoori Kebab Platter Non veg**   
(3 pcs fish tikka, 3 pcs chicken tikka, 3 pcs mutton seekh, 3 pcs chicken malai tikka) ₹1695



MOST ORDERED



HIGH HEAT / SPICY





# CIVILIAN COMFORTS



## STARTERS VEG

- **Exotic Veg Dimsum**

Cucumber, Carrot, sesame with Japanese mayo ₹555

- **Rainbow Sushi** ★ ₹575

Colourful-styled sushi rolls with fresh, balanced fillings

- **Red Alert Chilli Paneer** 🔥

Spicy paneer with onions, chillies & Chinese sauces. ₹645

- **Thai Spring Roll** ₹595

- **Thai Victory Cigars** ★

Cheese & corn with Thai spices in crispy spring rolls, served with tomato relish. ₹645

- **Crispy Chilli Potatoes** (Honey / Chilli) ₹595 ★

- **Golden Fried Chilli Corn** ₹595

- **Salt & Pepper** ₹595

Vegetable / Corn

- **Crunchy Chilli Mushroom** ₹625 🔥

- **Chatpati Stuffed Mushroom** ₹625 ★

- **Paneer Tikka** ₹645 ★

(Shashlik / Achari / Afghani )

- **Dahi Ke Sholey** ₹645

- **Makhmali Dahi Kebab** ₹645

- **Hara Bhara Kebab** ₹595

- **Red Velvet Kebab** ₹595 ★

- **Bullet Soya Chaap** ₹595

(Shashlik / Achari / Afghani )

## STARTERS NON VEG

- **Crystal Chicken Dimsum** ★

Fiery chicken crystal dim sum: spicy, tender, mouthwatering delight. ₹655

- **Teriyaki Chicken Uramaki Sushi**

Teriyaki-glazed chicken with cucumber, carrot, Japanese mayo, and teriyaki drizzle. ₹695

- **Tikka House** ★

(2pcs of each: Achari, Hariyali, Malai Tikka ₹795

- **Chicken Duet Tikka**

50% Chicken Tikka : 50% Malai Tikka. ₹695

- **Tandoori Chicken** ₹695 ★

- **Afghani Chicken** ₹695

- **BBQ Chicken Wings**

wings glazed in smoky barbecue sauce ₹695

- **Drums of Heaven**

Crispy chicken drumettes in tangy sauce. ₹695

- **Chilli Chicken** ₹695 ★

- **Chicken Manchurian** ₹695

- **Fish Fingers** ₹795

Crispy breaded fish strips served with House Salad

- **Machhi Amritsari** ★

Crispy fish fillets coated in besan and spices then deep fried. ₹795

- **Golden Fried Prawns** ₹895

Crispy battered Prawns deepfried till golden.

- **Thai Chilli Prawns** ₹895

Spicy stir-fried prawn with bell peppers and onions tossed in Chinese sauces.



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# CIVILIAN COMFORTS



## PIZZAS

### #Neapolitan 10 inch

#### ● Green Grocer ★

Fresh Garden Vegetables on a tomato base with melted mozzarella. ₹875

#### ● Classic Margherita

Traditional tomato sauce with mozzarella, basil and a drizzle of olive oil. ₹875

#### ● Mushroom Garlic & Truffle ★

Wild mushrooms, roasted garlic and truffle oil for a rich earthy flavour. ₹875

#### ● Chicken Pesto & Walnut

Juicy chicken tossed in fresh basil pesto topped with toasted walnuts and mozzarella. ₹895

#### ● BBQ Chicken ★

Smoky BBQ chicken, mozzarella, red onions. ₹895

#### ● Smoked Chicken Infantry

smoky marinated chicken, charred peppers and mozzarella. ₹895

### #Thincrust 10 inch

#### ● Rainbow Pizza ★

Seasonal local & Exotic Vegetables. ₹795

#### ● Double Cheese Margherita

Cherry Tomatoes, Fresh Mozzarella Basil Leaves. ₹795

#### ● 50 : 50 Veg ★

50% Paneer Tikka : 50% Chilli Paneer. ₹825

#### ● English Farmhouse

Zucchini, Tomato, Caramelized onion. ₹825

#### ● Sizzling Peppy Paneer

Chunky Paneer with Crisp Capsicum and spicy red pepper. ₹825

#### ● Chicken Terminator

Loaded with Peri-peri chicken, Chicken tikka & Grilled Chicken rashers. ₹895

#### ● The Burrata (veg / chicken) ★

Roasted Cherry tomato, rocket, pesto, Italian Basil, garlic oil, paprika Croutons, Balsamic Drizzle. Topped with Burrata Cheese. ₹845 / ₹995

## PASTAS

### CHOICE OF PASTA

PENNE / SPAGHETTI

## CLASSIC PASTA

#### ● Alfredo (Veg / Chicken) ★

Rich creamy cheese sauce. ₹695 / ₹795

#### ● Arrabbiata (Veg / Chicken)

Spicy tomato & Garlic sauce. ₹695 / ₹795

#### ● Rosé Sauce (Veg / Chicken)

Mix of Alfredo & Arrabbiata Sauce. ₹725 / ₹825

## BAKED PASTA

#### ● Alfredo (Veg / Chicken) ₹795 / ₹895 ★

Rich creamy cheese sauce baked with four cheese.

#### ● Arrabbiata (Veg / Chicken) ₹795 / ₹895

Spicy tomato & Garlic sauce baked with four cheese

#### ● Rosé Sauce (Veg / Chicken) ₹795 / ₹895

Mix of Alfredo & Arrabbiata baked with four cheese.



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# TABLE THEATRICS



## FLAMBÉ

### ● Fire Biryani (Veg / Chicken) ★

Biryani served on clay pot made with fragrant rice and spices flammed on table. ₹795 / ₹895

### ● Tipsy Pasta (Veg / Chicken) ★

Spaghetti in Herbed Tomato Sauce flammed on table with Vodka ₹795 / ₹895

### ● Fire Wine Tikka

Juicy tikka marinated in aromatic spices and wine, grilled to smoky perfection and finished with a bold flaming touch for intense flavor and drama. ₹845

### ● Firestrom Chicken Tikka ₹845 🔥

Spicy Chicken Tikka Flammed with Dark Rum

### ● JD Dal Makhani Fondue ★

Jack Daniel infused dal makhani, cheese naan skewers ₹795

## SIZZLERS

### ● Cottage Cheese Sizzler ★

Served with herb rice and sautéed vegetables with BBQ Sauce. ₹1195

### ● Vegetable Shashlik Sizzler

Grilled Bell Pepper Zucchini Mushroom Cottage Cheese in BBQ. Sauce Served with Rice or Noodles ₹1195

### ● Choice of Chinese Sizzler ★

(Chilli paneer / Manchurian / Mix veg in Hot Garlic)

Choice of any one main served on a bed of fried Rice / Noodles with kimchi salad & 2 pcs spring rolls. ₹1195

### ● Full House Veg Biryani Sizzler

Chatpati soya chaap, vegetable seekh kebab, paneer tikka served on a bed of dum biryani. ₹1195

### ● Full House Chicken Biryani

2 pcs of chicken seekh , chicken tikka & chicken malai tikka served on a bed of Classic biryani. ₹1295

### ● Chilli Chicken Sizzler ₹1295 ★

Diced Chicken in semi gravy served with Noodles or Rice and sautéed vegetables.

### ● Chicken Shashlik Sizzler

Skeweres of chicken , mushroom & bell peppers served with assorted vegetables and chef special sauce ₹1295

## HOT STONE POT

### ● Asian Garlic Stone Bowl ₹799 / ₹899 (Sticky Rice / Noodle) ★

Sticky rice or noodles tossed in butter, garlic, and cracked black pepper, served sizzling hot in a stone bowl.

### ● Black Bean Stone Bowl ₹799 / ₹899 (Sticky Rice / Noodle) 🔥

Sticky rice or noodles tossed in rich black bean sauce with bold Asian flavors, served sizzling hot in a stone bowl.



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# COMFORT MAINS



## NORTH INDIAN

- **Dal 38** ₹645
- **Double Tadka Yellow Dal** ₹595
- **Kadhai Paneer** ₹695
- **Paneer Butter Masala** ₹695
- **Paneer Lababdar** ₹695
- **Paneer Khurchan** ₹695
- **Mushroom do Pyaza** ₹595
- **Balochi Malai Kofta** ₹695
- **Butter / Kadhai Chicken** ₹795
- **Assault Unit Mutton Rara** ₹845

## PAN ASIAN

- **Hakka Noodles**   
(Veg / Chicken) ₹495 / ₹595
- **Chilli Garlic Noodles**   
(Veg / Chicken) ₹495 / ₹595
- **Classic Fried Rice**  
(Veg / Chicken) ₹495 / ₹595
- **Thai Curry Red**  
(Veg / Chicken) ₹695 / ₹795
- **Veg Manchurian Gravy** ₹595
- **Chilli Paneer Gravy** ₹645
- **Kung Pao Chicken** ₹695
- **Chilli Chicken Gravy** ₹695

## BIRYANI

(Served with salan, raita, papad)

- **Steamed Rice** ₹435
- **Desi Ghee ka Jeera Chawal** ₹495
- **Vegetable Laziz Biryani** ₹655
- **Chicken 65 Biryani** ₹795
- **Punjab Special Murgh Biryani** ₹795
- **Gosht Biryani** ₹895

## BREADS

- **Roti** ( Tandoor / Butter ) ₹125 / ₹135
- **Missi roti** ₹165
- **Paratha**  
( Laccha / Mirchi / Ajwaini / Malabari ) ₹175
- **Naan**  
( Plain / Butter / Garlic /Paprika) ₹175
- **Mix Bread Basket**  
(Lachha , Butter Naan , Kulcha , Missi Roti) ₹695
- **Charcoal Cheese Naan** ₹295
- **Stuffed Tandoori Kulcha** ₹255  
(potato / onion / paneer / mix )
- **Choice of Raita**  
(mix veg / boondi / pineapple / cucumber) ₹395



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# #SINGLE PERSON MEAL



## NORTH INDIAN

### Northern Command kitchen ★

- **Veg** :- Dal makhni + Kadhai Paneer ₹1195

- **Non Veg** :- Chicken Curry + Dal Makhni ₹1395

Served with :-

(1 pcs Laccha paratha or jeera rice + Raita + 1 pcs Gulab Jamun + papad, chutney, pyaaz)

## CHINESE

### Eastern Command Wok ★

- **Veg** :- Noodle or Rice + Manchurian Gravy + Honey Chilli Potato + Thai Spring Roll (2pcs) + Schezwan Dip. ₹1195

- **Non Veg** :- Noodle or Rice + Kung Pao Chicken + Honey Chilli Sesame Chicken + Thai Spring Roll (2pcs) + Schezwan Dip. ₹1395

## DESSERTS

### ● Garam Gulab Jamun

3pcs warm gulab jamun. ₹265

### ● Gulab Jamun with ice cream

Warm syrup-soaked gulab jamun (2 pcs) with a scoop of creamy ice cream. ₹295

### ● Frozen Bomb ★

Choice of ice cream served in glass topped with nuts & waffers. ₹435

### ● Tiramisu

Layers of sponge cake and Marscapone cheese dabbed with expresso coffee. ₹465

### ● Black Battalion Brownie

Rich, fudgy chocolate brownie with crunchy walnuts. ₹455

### ● Spanish Churros ★

Crispy, deep-fried dough pastries coated in cinnamon sugar, served with chocolate dip. ₹465

### ● Rasmali Tres Leches ★

Soft sponge soaked in saffron milk with creamy rasmalai flavours. ₹495



MOST ORDERED

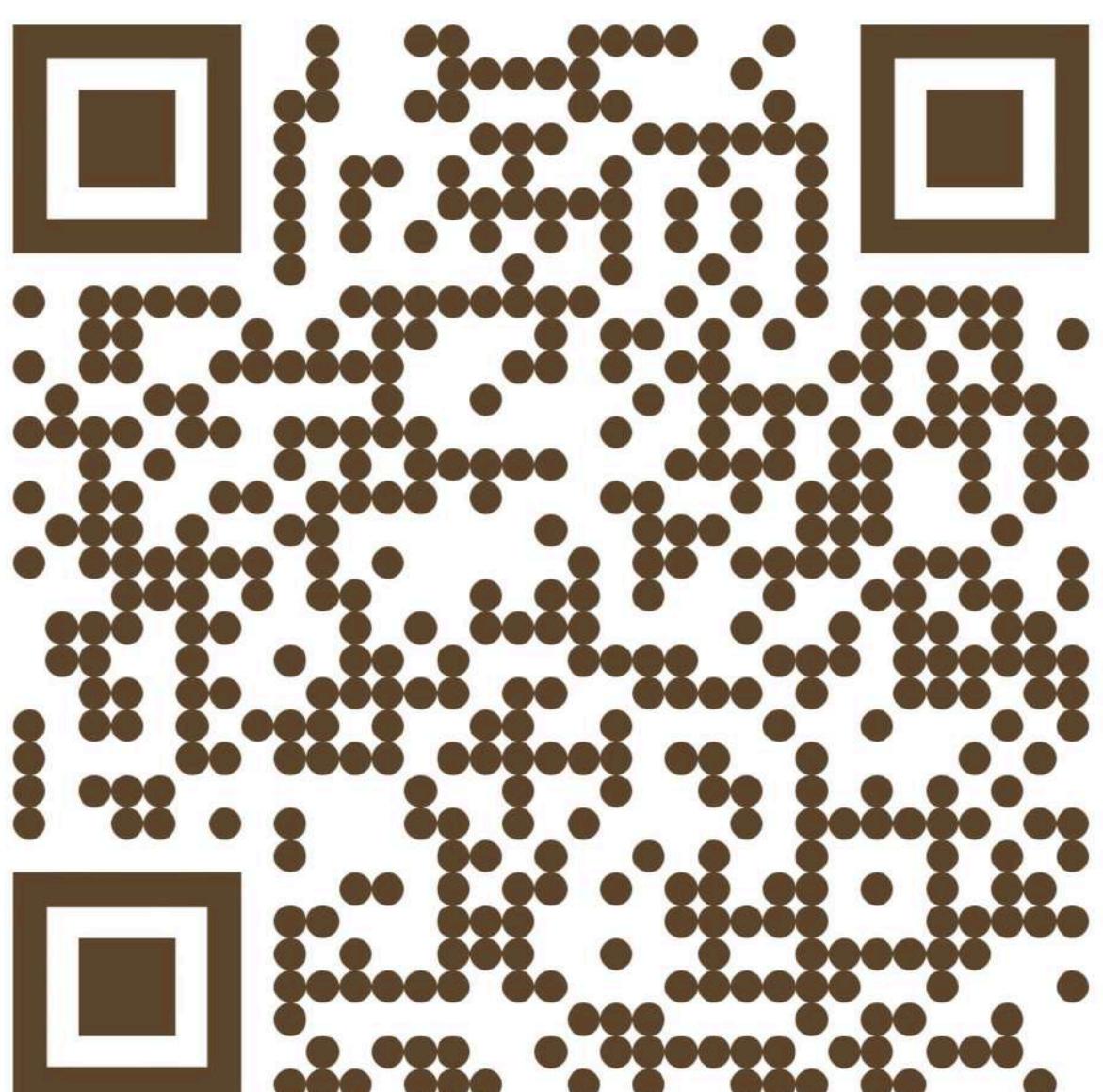


HIGH HEAT / SPICY



# SCAN TO VIEW COLONEL'S FOOD JOURNAL

SCAN HERE



At 38 Barracks, you're not a guest — you're family. Because some places don't just serve food, they serve warmth, stories, and the feeling of home.

Open your phone's camera app.

01

Point it at the QR Code.

02

Tap the Notification to view our menu.

03